

Lauren J. Human

Department of Psychology
University of British Columbia
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Education

Ph.D. Social and Personality Psychology. Expected completion – Spring 2012.

University of British Columbia, Vancouver, BC

Minor in Quantitative Methods

Supervisor: Dr. Jeremy C. Biesanz

Attendee, Summer Institute for Social Psychology. 2011.

Princeton University, Princeton, NJ

Health Psychology Course, Instructors: Dr. Sally Dickerson & Dr. Traci Mann

Secondary Data Analysis Workshop, Dr. Kali Trzesniewski

M.A. Social and Personality Psychology. 2009.

University of British Columbia, Vancouver, BC

Thesis: “The role of adjustment in accurate interpersonal impressions”

Supervisor: Dr. Jeremy C. Biesanz

B.A. Psychology. 2007.

University of British Columbia, Vancouver, BC

Undergraduate Supervisors: Dr. Elizabeth Dunn & Dr. Jeremy Biesanz

Honours and Awards

2009 – 2013 University of British Columbia Four-Year Fellowship

2009 – 2012 Joseph-Armand Bombardier Canada Graduate Scholarship - Doctoral

2009 – 2012 PhD Tuition Award, University of British Columbia

2010 Society for Personality and Social Psychology Travel Award

2010 Faculty of Graduate Studies Graduate Student Travel Fund Awards

2009 Department of Psychology Travel Award

2008 – 2009 Li Tze Fong Memorial University Graduate Fellowship

2008 Faculty of Graduate Studies Graduate Student Travel Fund Award

2007 – 2008 Social Sciences and Humanities Research Council Master’s Fellowship

2007 Honoree, Mind Gym Academic Prize for innovative work in positive psychology

Research Interests

How individual differences (e.g., adjustment) and contextual factors (e.g., self-presentation) influence accuracy and bias in personality impressions.

The psychological, social, and physical consequences of accurate personality impressions.

Publications

- Human, L. J., Biesanz, J. C., Parisotto, K. L., & Dunn, E. W. (2011). Your best self helps reveal your true self: Positive self-presentation results in more accurate personality impressions. *Social Psychology and Personality Science*. First published on May 9, 2011. doi: 10.1177/1948550611407689
- Human L. J., & Biesanz, J. C. (2011). Target adjustment and self-other agreement: Utilizing trait observability to disentangle judgment and self-knowledge. *Journal of Personality and Social Psychology*, *101*, 202-216. doi: 10.1037/a0023782
- Human L. J., & Biesanz, J. C. (2011). Through the looking glass clearly: Accuracy and assumed similarity in well-adjusted individuals' first impressions. *Journal of Personality and Social Psychology*, *100*, 349 – 364. doi: 10.1037/a0021850
- Biesanz, J. C., Human, L. J., Paquin, A.-C., Chan, M., Parisotto, K. L., Sarracino, J. & Gillis, R. L. (2011). Do we know when our impressions of others are valid? Evidence for realistic accuracy awareness in first impressions of personality. *Social Psychological and Personality Science*, *2*, 452-459. doi: 10.1177/1948550610397211
- Lorenzo, G. L., Biesanz, J. C., & Human, L. J. (2010). What is beautiful is good and more accurately understood: Physical attractiveness and accuracy in first impressions of personality. *Psychological Science*, *21*, 1777 - 1782. doi: 10.1177/0956797610388048
- Biesanz, J. C., & Human, L. J. (2010). The cost of forming more accurate impressions: Accuracy-Motivated perceivers see the personality of others more distinctively but less normatively than perceivers without an explicit goal. *Psychological Science*, *21*, 589-594. doi: 10.1177/0956797610388048
- Dunn, E. W., Biesanz, J. C., Human, L., & Finn, S. (2007). Misunderstanding the affective consequences of everyday social interactions: The hidden benefits of putting one's best face forward. *Journal of Personality and Social Psychology*, *92*, 990-1005. doi: 10.1037/0022-3514.92.6.990

Publications Under Review

- Human, L. J., Biesanz, J. C., Miller, G. E., Chen, E., Lachman, M., & Seeman, T. (*under review*). Personality change is associated with worse psychological well-being and greater metabolic syndrome. *Health Psychology*.
- Human, L. J., & Biesanz, J. C. (*revise and resubmit*). Accuracy and assumed similarity in first impressions of personality: Differing associations at different levels of analysis. *Journal of Research in Personality*.

Refereed Conference Talks

Human, L. J., Biesanz, J. C., & Dunn, E. W. (June, 2011). *Your best self reveals your true self: Trying to make a good impression results in more accurate impressions*. Paper presented at the meeting of the Association for Research in Personality. Riverside, LA.

Human, L. J., & Biesanz, J. C. (June, 2010). *The social accuracy model of interpersonal perception: Assessing individual differences in perceptive and expressive accuracy*. Paper presented at the Canadian Psychological Association Social and Personality Pre-Conference. Winnipeg, MB.

Human, L. J., & Biesanz, J. C. (January, 2010). *Accurate self-knowledge, expressive accuracy, and the relationship to adjustment*. Paper presented at the meeting of the Society for Personality and Social Psychology. Las Vegas, NV.

Biesanz, J. C., & Human, L. J. (speaker). (June, 2009). *The benefits of seeing others as we are: The social accuracy model of interpersonal perception and the relationship between assumed similarity and adjustment*. Paper presented at the annual meeting of the Association for Research in Personality. Evanston, IL.

Refereed Conference Posters

Human, L. J., Biesanz, J. C., & Finseth, S. (January, 2012). *How to be an open book: Examining the links between psychological adjustment and expressive accuracy*. Poster accepted for presentation at the Annual Meeting of the Society for Personality and Social Psychology. San Deigo, CA.

Human, L. J., Biesanz, J. C., Parisotto, K. L., & Dunn, E. W. (January, 2011). *Your best self reveals your true self: Trying to make a good impression results in more accurate impressions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Lorenzo, G. L., Biesanz, J. C., & Human, L. J. (January, 2011). *What is beautiful is good and more accurately understood: Physical attractiveness and accuracy in first impressions of personality*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Human, L. J., & Biesanz, J. C. (June, 2009). *The role of adjustment in perceptive and expressive accuracy*. Poster presented at the annual meeting of the Association for Research in Personality. Evanston, IL.

Human, L. J., & Biesanz, J. C. (January, 2009). *Personality perception and personal and relationship well-being: The unique roles of differential and normative accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Tampa, FL.

Human, L. J., Jackson, J. J., & Biesanz, J. C. (January, 2008). *How do impressions change over time? Length of exposure and changes in differential and stereotype accuracy*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Albuquerque, NM.

Human, L. J., Dunn, E. W., & Biesanz, J. C. (January, 2007). *The hidden benefits of valentine's: How impressing your partner can improve your mood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Memphis, TN.

Professional Teaching Experience

Fall 2011 – Spring 2012; Teaching Assistant, *Personality Psychology*
Fall 2007 – Spring 2010 (for Dr. Sunaina Assanand), University of British Columbia

Fall 2010; Fall 2008;
Spring 2008 Teaching Fellow, *Advanced Research Methods in Behavioural Sciences* (for Dr. Jeremy Biesanz), University of British Columbia

- Marked assignments and prepared and ran laboratory sessions teaching computer based statistical analyses and interpretation to upper-level, primarily honour's, undergraduate students.

Spring 2010 Teaching Fellow, Graduate Statistics: *Applied Multiple Regression* (for Dr. Jeremy Biesanz), University of British Columbia

- Marked assignments and co-taught laboratory sessions teaching primarily computer based statistical analyses.

Spring 2009 Teaching Assistant, *Personality Psychology*
(for Dr. Bahman Najarian), University of British Columbia

Teaching Interests

Substantive

Personality Psychology
Social Psychology
Introductory Psychology
Health Psychology
Graduate Level:
 Interpersonal Impressions
 Happiness and Well-Being

Quantitative and Methodological

Introductory Statistics
Research Methods in Psychology
Graduate Level:
 Applied Multiple Regression

Professional Associations

Society for Personality and Social Psychology (Division 8, APA), student affiliate

Social Personality and Health Network, student affiliate

Association for Research in Personality Psychology, student affiliate

Service

Graduate Student Council Representative, University of British Columbia, 2010 – 2011

Organizer, Psychfest Annual Conference, UBC, 2009-2010

Organizer, Social-Personality Area Workshop Speaker Series, UBC, 2008 – 2009

Ad Hoc Reviewer

*Journal of Personality and Social Psychology; Journal of Research in Personality;
Journal of Individual Differences*

Quantitative and Methodological Experience

Date	Course	Instructor
Fall 2007	Advanced Statistics 1	Dr. Ralph Hakstian
Spring 2008	Applied Multiple Regression	Dr. Jeremy Biesanz
Spring 2008	Advanced Methods in Social Psychology	Dr. Ara Norenzayan
Fall 2008	Multilevel Modeling	Dr. Jeremy Biesanz
Spring 2009	Research Methods in Health Psychology	Dr. Edith Chen
Spring 2010	Measurement and its Applications	Dr. Victoria Savalei
Fall 2010	Multivariate Statistics	Dr. Victoria Savalei
Spring 2011	Structural Equation Modeling	Dr. Victoria Savalei
Summer 2011	Secondary Data Analysis	Dr. Kali Trzesniewski
Summer 2011	Statistical Consultant	N/A